



23 Arthur St, P.O.Box 280, Timaru 7940
Telephone: (03) 684-3801. Cell: (027) 714 4313

Email: northhaven@northhaven.co.nz www.northhavenchildcare.co.nz



***Kia Ora, Namaste, Talofa lava, Zdravo.
Welcome to July / Hōngongoi 2021 and we
hope you are all keeping warm.***

During the colder months please ensure that there are plenty of warm clothes, including a jacket and hat, in your child's bag. Although it is cooler in the mornings we do tend to try and get outside as early as possible.

Rule of thumb: if you're wearing 3 layers then you child should have the very same plus one for outside. Children also need to be wearing footwear for outside, socks only get very wet and are not suitable for outside play.

When it is frosty please be aware of ice on the ground when entering our Centre, particularly on the slope from Arthur Street and the steps from the back car park.



Absences; Please remember to advise the office as soon as possible if your child is going to be absent from the Centre for any reason. **Absences can be notified by phone, text, email or, of course, in person.**

Illnesses; Just a reminder that at this time of year cough's and colds are prevalent, along with runny noses, conjunctivitis and other winter ills. While we acknowledge that it can be difficult at times to juggle work and family commitments we do have an obligation to do all that is possible to keep everyone at North Haven well. If your child is unwell please think twice about bringing them into the Centre. In accordance with our Illness / Infection Control policy we will need to ring you if your child becomes unwell during their time in our Centre. It is now also timely to check your children's bags.

Our Family; We have welcomed Fox and Grace in the Koru Room and Harley and Aurora in the Fern Room. We hope you have a wonderful time being a part of our North Haven community. Remember, if you have any questions or concerns do not hesitate to speak to a teacher. Sadly we have said "goodbye" to Joshua, Keeva and Kane as their circumstances have changed. We hope you all have fond memories of your time being part of our North Haven community.

Healthy Heart Award;

Healthy Heart Hot Tip #7 - Children have small stomachs, so serve small portions –second helpings are allowed! A portion is about the size of your child's cupped hand.

Healthy Heart Hot Tip #32 - A healthy breakfast gives everyone a great start to the day. Try toast, porridge and/or a fruit smoothie.

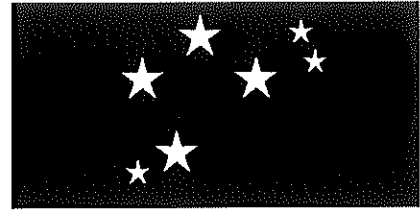
Healthy Heart Activity #27 - Design a set of placemats to use at the table. Help your child to cut out pictures of their favourite healthy foods from magazines to decorate them. These can then be laminated to make them sturdier.

Mission Statement

"Fostering Foundations for Tomorrow" - "Nga Awhiina Manaakitanga mo apopo"

Matariki; Matariki literally means the 'eyes of god' (mata ariki) or 'little eyes' (mata riki). According to myth, when Ranginui, the sky father, and Papatūānuku, the earth mother, were separated by their children, the god of the winds, Tāwhirimātea, became so angry that he tore out his eyes and threw them into the heavens. The Matariki star constellation marked a time for starting all things new, this was a particularly important period for new crops to be planted and the preserving of old crops to be finished.

When Matariki was sighted ceremonial offerings of food were planted for the gods Uenuku and Whiro to ensure a good harvest for the coming year. Even the stars themselves were looked upon for guidance as to how successful the coming season would be; the brighter the star constellation the warmer the year was destined and the better the harvest was thought to be.



The timing of Matariki fell at the end of a harvest and food stores were full. Meat, fruits, herbs and vegetables had been gathered and preserved and the migration of certain fish ensured a great period of feasts. Matariki was seen as a time to share with each other, for family and friends to come together and share in the gifts that the land and sea had provided for them.

We plan to celebrate this not by tearing eyes out!! But with a shared Kai on Friday the 2nd of July 2021.

We will be making soup and loaves of bread which we will share with Parents/Whānau at 12 noon on the Friday, all welcome.

We will also be having a "Matariki Disco", from 6.00 to 7.00pm, on Thursday the 15th of July 2021. This will be held in the Fern Room and all children and parents/whanau are invited to attend.

Koru Room News; Kia ora and welcome to the Koru Room,

During the month of June we have welcomed Fox and Grace to our family and we have seen Lochie and Sophia graduate to the Fern Room.

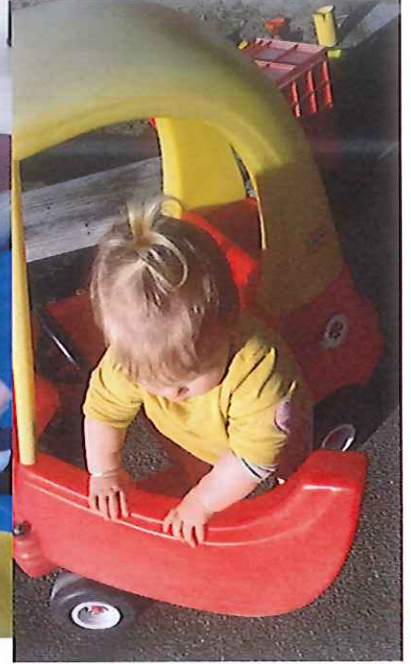
We thank you for your patience during the last few weeks with staff illness, the winter bugs really got a grip on some of us!! We are very lucky to have some amazing Relievers that can step in at very short notice.

We would like to say a big thank you to Fox's family and one of our past family members Keeva, for their generous donation of some resources! Some pre-loved toys and a dolly pram which will be well used in the Koru Room.

Please ensure you pack some warm clothes in your child's bag for these cooler days. A hat and a jacket are pretty much standard accessories now. The July weather is always a little cooler and we still go outside on a frosty day.

Please also check the lost property basket for any belongings you may be missing.

July will see us celebrate Matariki. Planning for this is well under way and you may have noticed we have been busy making "stained glass" stars and putting them up on the windows. We have also been working on self-help skills, these include being able to wash my own hands, feed myself (however messy it might get!) wipe my face after lunch with a face cloth and tidy up. We are trying hard to introduce a lets pack up an activity before we get something else out, particularly for our older children as this has them take ownership for what they would like to do, So for example if someone would like the Lego out we ask that they choose one activity that has to be packed away and to help with it. Like a lot of tasks, sometimes this works and sometimes it doesn't! Transition has also been a focus with our group of almost two year olds.



We have also been focusing on our gross motor skills as our children are moving through the levels of development with crawling, walking and being able to propel themselves forward on the bikes and in the cars.

Can we please remind you to **name your child's items, bottles, lunch box, and clothing.** Thank you, we do have a marker pen to help you with this if needed.

Fern Room News; Kia ora from the Fern Room.

It has been a very busy month with Colour Day which was a lot of fun. Thank you to the families for your support with dressing up our tamariki, they looked amazing!! 😊



Our up and coming event is Matariki. The staff are busy doing activities with the tamariki at the moment so please take a look around the Centre at our creations. Here we are making stars for a window display. The children are enjoying hearing about the Maori New Year.

On the Friday the 2nd July we will be having our shared soup which the children will help make and some centre bread. We also have our Matariki Disco on the Thursday 15th July from 6-7pm. You are all very welcome.

Please remember to bring some spare clothes so we can keep your children in dry clothes as the weather is very temperamental at the moment.

Whanau can you please help? We are looking for Barbie Dolls and Barbie clothes as our children have used our Barbies so much that they are looking very sad. If you have any or know anybody who would like to donate their old Barbie Dolls to the Centre that would be amazing as they are a favourite with our tamariki.



Discovery Time – We have continued with Discovery Time outside of the classroom as we continue to learn about our world and how things work. We have undertaken many science experiments to help us with this, including ... Taking many different objects and dropping them from a height to learn about gravity and then discovering which ones sunk and which ones floated as well as others.



If you have any white flowers, we would love some to support us with a colour change activity. Thank you.

Upcoming Events.... Please note in your diaries/phones:

- Friday the 2nd of July 2021 - Matariki Celebration, soup and bread lunch at 12 midday.
- Tuesday 6th of July 2021 – The NZ Fire Service will be in the Centre at 10.30am to teach our children about fire safety and hopefully this will include a visit by a fire truck (if it's not required elsewhere!).
- Thursday the 15th of July 2021 – Matariki Celebration Disco, 6-7pm in the Fern Room.
- Wednesday the 4th of August 2021 – Food and Nutrition Parent Evening, including Sophie a nutritionist from the NZ Heart Foundation. Time to be advised.
- And:-

The Annual General Meeting of the North Haven Child Care & Education Centre Management Committee is to be held in the Fern Room at the Centre on Monday the 26th of July 2021, at 7.00pm. All Welcome.