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October/Whiringa-a-nuku 2018 Newsletter.

Kai Ora, Namaste, Talofa lava, Zdravo ☺

A reminder now that we are on daylight saving time that our Sun Protection Policy is now in effect.

Children must wear a sunhat outside that covers their ears, and shades their forehead and back of neck. Unfortunately caps don't fit the bill. Appropriate clothing, i.e. t-shirt with sleeves, is also to be worn at all times. Singlet tops do not provide adequate protection. We provide sunblock which, in the Fern Room, will be at the sign in table for you to apply as your child arrives. Please stamp their hand so that we know they have sun protection on. Teachers will re-apply sunblock before children go outside after lunch. As the sun strengthens we would advise that children come to the Centre with sunblock already applied. Please let us know if you suspect your child is sensitive to our sunblock and we are happy to apply any alternative you supply.



Our Sun Protection Policy is at the end of this Newsletter for your information.

With the warmer weather comes more water play and wet clothes. Please can you ensure you pack extra changes of clothes in your child's bag to allow for this. Please ensure all your child's clothing is clearly named. Thank you in advance, it makes it so much easier to match up with the right child!!

Our Family; We have had more children join our *North Haven Family* in September 2018. We would like to welcome Charlotte, Heidi, Hunter, Zuheir and Curtis, along with their families to our Centre.

Sadly we said goodbye to Bailey at the start of September and Ryder and Xavier at the end of the month as they head off to school and the next step in their life long journey of learning. We wish them and their families all the very best for the next adventures in their lives and hope that they have fond memories of your time at North Haven.

Reminders and Bits & Bobs...

- ❖ **Absences** - Thank you to those families that advise us when their child is going to be absent from the Centre. Remember, absences can be notified by phone, text, email or in person.
- ❖ **Sign In / Out Sheets** - It is very important that you write the time and your initials on the Sign In/Out sheets when you drop your child/ren off and when you pick them up. The Sign In/ Sign Out Sheets are also used to identify the children and visitors in the Centre in the event of an emergency.
- ❖ **Gates and Doors** - Please do not let your child open the main front doors or lift them to open the gates. This is a safety issue for all in the Centre. Our entrance gates are the

Mission Statement

"Fostering Foundations for Tomorrow" - "Nga Awhiina Manaakitanga mo apopo"

same as swimming pool gates and we do not want our young children to gain the skills to be able to let themselves into a pool area unattended.

- ❖ **Drive Through** – The Drive Through lane on Arthur Street is for drop off and pick up only. If you think you are going to be a while please use the carparks behind our Centre. Please drive forward as far as you can in the lane so that all families get the best use out of this lane.
- ❖ **Contact Details** - If any of your circumstances or contact details change please let us know for the welfare of your child.
- ❖ **Thank You to Chris Jones**, Sue's sister, for the large amount of wonderful toys. The children are having a fantastic time sharing them.

Healthy Heart Award;



ACTIVITY IS AWESOME

Preschool children need three hours of activity every day even on wet cold days.





Boredom busting indoor activities:

- **Indoor obstacle course** use chairs, blankets and pillows
- **Skipping** with ropes or jumping using elastics
- **Music** – freeze / musical statues
- **Hide and seek** – for small indoor spaces the seeker uses a blind fold
- **Target shoot** – throw newspaper balls or rolled up socks into a laundry basket
- **Indoor hopscotch** – use pieces of paper to hop onto
- **Catch bubbles** in yoghurt pots/plastic cups
- **Turbo charge story time** – choose a word that will be repeated often in a story. Everyone jumps up and turns around when the word is read.
- **Animal charades** – names of animals are placed in a bowl. Take turns choosing and acting out the animals actions (in silence is more challenging) till others guess.

Sit less, move more

Aim to:

- Limit screen time. Less than one hour for 2-5 year olds. No screen time for under 2's
- Do something active as a family in the weekend
- Park further from school or shops. If the journey is less than 2km leave the car at home
- Keep a bag of active equipment handy for outings e.g. frisbee or ball outings

www.myfamily.kiwi/activities

Koru Room News; Kia ora and Welcome to the Koru Room.

The month of September has seen us say Good bye to Lucy and Maya who have both graduated to the Fern Room. We would like to welcome Charlotte, Heidi, Hunter, Zuheir and Curtis, along with their families to our group.

With our new families starting it is a timely reminder that your child's belongings is very important, this includes their lunch box and bottle. Un-named clothing can be found in the lost property basket in the foyer.

You may be aware that Miriam is on extended leave, she is off to Africa for a holiday. Antonia will be working full time with us during that period.

We have been very busy settling our new children into the Koru Room and we thank you for your patience as some mornings it has been very busy with new families, we try our very best to

make a connection with you, but it is not always easy. If there are any changes we need to know re your child's day feel free to write on our white board.

In accordance with our sun safe policy we will require you to bring in a **named** sunhat for your child. Caps are not permitted, hats that have protection for the ears and the back of the neck or: "bucket hats" that tie on are perfect for our under twos. If you wish to use your own sunblock can you please bring that in as well and we can arrange to keep it here.



During the month of September we have been enjoying the "spring" weather and all its changes. With the warmer weather now approaching we will be exploring with the water a lot more.

We have noticed that our broad beans are through the ground and really starting to grow, we have our potatoes "sprouting" we can plant them and we have pumpkin seeds that we will be planting in yogurt containers and once they are starting to

grow we will send home to you for your garden. If anyone had any spare broccoli plants we would love to plant them in our garden. Our garden was very successful last season with the children enjoying fresh veggies at Kai time!!

Our transition visits will continue as we still have children to graduate to the Fern Room prior to Christmas. If your child is turning two prior to Christmas and you wish to make some extra visits with your child you are welcome to come in with them providing you stay with them.



Fern Room News;

KOROHI O TE PEPI



Our Korohi o te Pepi excursion was a huge success thank you to all the teachers and children for their hard work and the parents who were our helpers for the day. We look forward to making this an annual event on our calendar. At North Haven we strive to grow children who are competent and have confidence – music and performance is great way to develop these competencies. We have been displaying photos from our trip in the classroom over the past month – these have now been moved to our North Haven Learning Journey Profile Book if you would like to re live our adventure.

Over the past few weeks Michelle has been working alongside the children to bake afternoon kai. We think this a wonderful opportunity for our Tamariki to be involved with our daily routine and development their understanding of mathematics in context such as measurement, co-ordination skills with tipping, pouring and mixing, and discussion around where our kai come from. So far the children have made mini muffins and ginger bread cookies. Michelle will be working with a small group of children once or twice a week.



The children have also been enjoying these spring days with lots of outdoor play, the Kaiako have been working to enrich our curriculum with engaging learning. Tracey has been challenging the children's physical movement and risk taking with a giant obstacle course in our green space. Sophie and the children spent a lovely afternoon making a river in the sandpit and exploring the way the water moves – using dams and buckets to tip pour and collect. Sofia planned an excursion for a small group of children to our local pet shop – the children were able to observe different kinds of fish and even got to spend some time cuddling and playing with a kitten called 'Span' – (We believe she is still at the pet shop if you) Sue is working on developing a



Discovery Time: Last month we said a sad farewell to some of our friends as they continue their learning journey at school. We wish them all the best.

We have also welcomed some new friends into Discovery Time and hope they enjoy their time learning with us. Discovery Time will be continuing during the school holidays, as Tracey is heading to help teach at a kindergarten in Tonga for a couple of weeks at the end of the



month so we will have our holidays then. We will be learning a bit about Tonga before she goes.

This term at discovery Time we are going to be focusing on Phonological awareness, being aware of different sound patterns and sounds. We will be having a "sound of the week", such a Ssss and fun games to help us learn the sound.

Tracey's Trip to Tonga: Tracey is going to volunteer teach at Sopa Kindergarten in Nuku'olafa Tonga for a couple of week. It is the same kindergarten that she was at a couple of years ago. Tracey would welcome any donations of the following to take with her to help the children learn and play: glue gun & glue for glue guns, crayons, powder paint, Lego, soft toys, play cooking sets, pencils & sharpeners and art & crafts supplies.

If you are able to help in any small way please bring the goods to Tracey in the Fern Room by Wednesday the 17th of October 2018 at the latest. Malo aupito (Thank you very much)

Valued Learning; As part of our Philosophy review the Kaiako have been discussing what learning is valued at North Haven. This term we will be having a focus on the competency of Whanaungatanga. This is our sense of belonging, kinship, family and relationships. We will be exploring what this looks like at North Haven alongside the Tamariki.

Please take note of these Upcoming Events;

PARENT EVENING; Wednesday 24th of October – Physical Activity Workshop

As part of our Healthy Heart Award we would like to invite all parents and extended whanau to a **Parent Evening from 5.30pm on Wednesday the 24th of October 2018** – WAVE will be holding a physical activity workshop for the teachers and parents in the Fern Room. It is a fun information session on ways you can get moving at home.

We would love to have you there.

Teddy Bears Picnic; We will be holding a Teddy Bear's Picnic at the Centre on **Friday the 12th of October 2018**. Please encourage your child to bring their favourite "Teddy Bear", and a picnic blanket if you have one.

We will be sharing honey sandwiches and Tiny Teddy biscuits 😊



Children's Christmas Party; The 2018 North Haven Children's Christmas Picnic will be held at **North Haven on Thursday the 13th of December 2018, from 5.30pm to 7.00pm**. Please mark this exciting event in your diary/phone now 😊

2018/2019 Christmas Closedown; North Haven will close at 1.00pm for all children on Friday the 21st of December 2018. The Centre will reopen at 7.45 am on Monday the 7th of January 2019.

POLICY: SUN PROTECTION.

Rationale: The Health and Safety at Work Act 2015 requires management to take all reasonable steps to protect staff and children in the centre.

To protect children from the long term cumulative effects of sun exposure during the months of daylight saving. This policy will also be implemented outside day light saving months according to weather conditions. The following will apply:

- * SPF30 and above sunblock will be supplied by North Haven Child Care & Education Centre for staff and children, or by parents/caregivers/whanau if their child has an allergy, and shall be applied to exposed skin on arrival.
- * if a child is under six months of age North Haven Child Care & Education Centre requires parents to provide their own sunscreen for their child.

- * Sunhats provided by parents/caregivers/whānau which protects the face, neck and ears shall be worn by children playing outdoors at childcare at all times. A no hat, no sunscreen, no outside play rule will be enforced. Appropriate clothing i.e. t-shirt with sleeves, are also required to be worn at all times. Caps/hats, singlets/dresses that leave ears, back of neck and shoulders exposed are not permitted.
- * Staff will act as role models by:-
wearing appropriate hats and outdoor clothing
using sunscreen for skin protection
seeking shade whenever possible
- * Children, parents/caregivers/whānau and staff will be taught why the skin needs protection from the sun and how to protect it through a newsletter, notice boards, etc.
- * Children will be encouraged to remain in shady areas during the hottest part of the day.
- * Staff will when possible arrange activities and outdoor equipment in shaded areas.

Implemented: November 1995

Review Due: Sept 2019

Reviewed: February 1997
October 1998
October 1999
September 2000
October 2001
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